



RED BELT, LEVEL 9 PROCESS TO BLACK BELT TESTING

From receiving your Red Belt or Level 9 to testing for Black Belt is at least an 18 month process. Breaking it up in three 6 month semesters as follows.

Semester 1 (First 6 months)

As soon as you are promoted to Red Belt or level 9 your Head Instructor will give you your Red Card. At the same time, please make sure to get the current or next Red Card class schedule from your Head Instructor. During your first semester it is imperative that you do your best to attend all the Red Card events.

Red Card events include....

1. Attending a fitness test
2. Mr. Thompson's Red Card class
3. The Solana Beach Red Card class
4. Master Johnson's Red Card class
5. Mr. Carroll's Red Card class
6. Helping at a tournament
7. Helping at a Black Belt test
8. Participating in a tournament

Semester 2 (Second 6 months)

If circumstances prevented you from attending one of your Red Card requirements, this is your chance to finish off your Red Card. During this 6 months you are welcome to repeat any of the Red Card events. Always good to take advantage of these unique events. By the end of this second semester your Red Card has to be complete, including helping at a Black Belt test at least once, helping at a tournament at least once, participating in a tournament at least once, and doing at least one Red Card fitness test.

Semester 3 (Third 6 months)

Meet with your Head Instructor to get your completed Red Card signed off. At that time, it will be up to your Head Instructor if you are given permission to enter the Black Belt cohort. (You are welcome to repeat Red Card events during this semester.) If you have been given permission to enter cohort, you will receive the Black Belt cohort schedule of events.



Black Belt cohort events are as follows:

1. An entry fitness test that requires a passing score
2. Entry Martial Arts evaluation with Master Truscott
3. A mid cohort evaluation with Master Truscott
4. A final fitness test
5. When he is in town, a seminar with Grand Master Hawkins a day or two before the Black Belt test
6. Of course, your Black Belt test
7. If you receive a passing test result, your Black Belt promotion a couple weeks after the Black Belt test