

## Cohort Preparation Certificate

Candidate \_\_\_\_\_



- |   |                             |                        |
|---|-----------------------------|------------------------|
| 1. Solana Beach Class                         | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 2. Mr. Carroll Class                          | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 3. Mr. Thompson Class                         | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 4. Mr. Johnson Class                          | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 5. Grand Master Hawkins Seminar               | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 6. Passing Fitness Evaluation                 | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 7. Tournament Participation                   | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 8. Assisted at Tournament                     | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 9. Assisted at Black Belt Exam                | Date: _____ - _____ - _____ | Senior Initials: _____ |
| 10. Head Instructor Signature for Completion: |                             |                        |
| Signature _____                               | Date _____ - _____ - _____  |                        |

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