

## FALL 2019 RED CARD SCHEDULE.

- Sat, 8/17 Red card fitness, 1pm PQ
  - Sat, 9/7 Solana Beach team SB, 12-2
  - Sat, 9/21 Master Johnson 12:30-2:30 Esc
  - Sat, 10/5 Mr. Carroll, 11:30-1:30 4S
  - Tue, 10/15, Mr. Thompson, 745-930 PQ
  - Sat, 11/16, Helping at Black Belt exam, 1pm PQ
- Participating and helping at tournaments is also part of your Red Card requirements. Please watch for tournament dates coming up.

### **Addresses**

- Escondido. 410 W. Felicita, Escondido. (Behind Walgreens)
- Solana Beach. 124 Lomas Santa Fe Dr. (Across the street from Solana Beach train station.)
- 4S Ranch. 16621 Dove Canyon Rd, Ste 113, San Diego. (Near Starbucks)
- PQ (Penasquitos) 12798 Rancho Penasquitos Blvd, San Diego. (Behind McDonalds.)

