

Black Belt ITF Test Forms

DO-SAN is the pseudonym of the patriot Ahn Chang-Ho (1876 – 1938). The 24 movements represent his entire life which he devoted to furthering the education of Korea and its independence movement.

The form has 24 movements.

YUL-GOK is the pseudonym of a great philosopher and scholar Yi I (1536 – 1584) nicknamed the “Confucius of Korea”. The 38 movements of this pattern refer to his birthplace on 38 Latitude and the diagram represents “Scholar”.

The form has 38 movements.

HWA-RANG is named after the Hwa-Rang youth group, which originated in the Silla Dynasty in the early 7th Century. The 29 movements refer to the 29th Infantry Division, where Taekwondo developed into maturity.

This form has 29 movements.

CHOONG-MOO was the name given to the great Admiral Yi Soon-Sin of the Lee Dynasty. He was reputed to have invented the first armored battleship (Kobukson) in 1592, which is said to be the precursor of the present-day submarine. The reason why this pattern ends with a left-hand attack is to symbolize his regrettable death, having no chance to show his unrestrained potentiality checked by the forced reservation of his loyalty to the king.

This form has 31 movements.

KWANG-GAE is named after the famous Kwang-Gae-Toh-Wang, the 19th King of the Koguryo Dynasty, who regained all the lost territories including the greater part of Manchuria. The diagram represents the expansion and recover of lost territory. The 39 movements refer to the first two figures of 391 AD, the year he came to the throne.

This form has 39 movements.

PO-EUN is the pseudonym of a loyal subject Chong Mong-Chu (1400) who was a famous poet and whose poem “I would not serve a second master though I might be crucified a hundred times” is known to every Korean. He was also a pioneer in the field of Physics. The diagram represents his unerring loyalty to the king and country towards the end of the Koryo Dynasty.

This form has 32 movements.

GE-BAEK is names after Ge-Baek, a great general in the Baek Je Dynasty (660 AD). The diagram represents his severe and strict military discipline.

This form has 44 movements.